

Sonia E. Melara, M.S.W.
President

Edward A. Chow, M.D.
Vice President

Cecilia Chung
Commissioner

Judith Karshmer, Ph.D., PMHCNS-BC
Commissioner

David J. Sanchez, Jr., Ph.D.
Commissioner

David B. Singer
Commissioner

Belle Taylor-McGhee
Commissioner

**HEALTH COMMISSION
CITY AND COUNTY OF SAN
FRANCISCO**

Edwin M. Lee, Mayor
Department of Public Health



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MINUTES

HEALTH COMMISSION MEETING

Tuesday, October 1, 2013, 4:00 p.m.

101 Grove Street, Room 300 or Room 302

San Francisco, CA 94102

1) CALL TO ORDER

Present: Commissioner Sonia E. Melara, MSW, President
Commissioner Edward A. Chow, M.D.
Commissioner Cecilia Chung
Commissioner Judith Karshmer, Ph.D, PMHCNS-BC
Commissioner David J. Sanchez Jr., Ph.D.
Commissioner David B. Singer
Commissioner Belle Taylor-McGhee

The meeting was called to order at 4:06 pm.

2) APPROVAL OF THE MINUTES OF THE HEALTH COMMISSION MEETING OF SEPTEMBER 3, 2013.

Action Taken: The minutes of the September 3, 2013 Health Commission meeting were unanimously approved.

3) Barbara Garcia, Director of Health, gave the report. The full report can be viewed at:

<http://www.sfdph.org/dph/comupg/aboutdph/insideDept/dirRpts/default.asp>

Political Activity by City Employees and Officers

The City Attorney's office has asked us to remind the Commissioners and staff to review the [updated Political Activity Memorandum, which describes the rules governing political activities by City employees and officers.](#)

[The memo is available on the City Attorney's website, under the Legal Opinions tab at](#)

[http://www.sfcityattorney.org/Modules/ShowDocument.aspx?documentID=1339.](http://www.sfcityattorney.org/Modules/ShowDocument.aspx?documentID=1339)

The Village Celebrates Grand Reopening in Visitacion Valley

It was my privilege to address the nearly 200 residents of Visitacion Valley who attended the grand re-opening of "The Village" at 1099 Sunnydale Avenue on September 24th. Built in 2004 and renovated in 2011, the Village is a 15,000 sf modern three-story facility designed to meet the needs of community-service providers serving the residents of Visitacion Valley. It opens as a re-imagined neighborhood hub of co-located and coordinated services from 11 different providers or programs, including workforce development, education, public health, family support and youth services. Key components include the San Francisco Department of

Public Health Hawkins Clinic, the Visitacion Valley Family Center, the Visitacion Valley Neighborhood Access Point, and the San Francisco Sheriff's Five Keys Charter School, to name just a few of the initiatives that will be operating out of the 1099 Sunnysdale Avenue address.

Many thanks to Lisa Zayas-Chien for her excellent work on behalf of DPH in bringing this facility on line.

San Francisco Preparing for the Public Health Challenges of Climate Change

For the past three years, the San Francisco Department of Public Health has been working on several initiatives to help us better understand the potential health impacts of climate change at the local level. EHPES has led this effort in collaboration with PHEPR, EMS, DEM and the City Administrator's office. Together the group worked towards improving climate change understanding, preparedness and resilience in San Francisco. I am pleased to note that, during the first week of September, all of the materials from the culmination of the three years of work on Climate and Health were posted on The Program on Health, Equity and Sustainability website at www.sfpbes.org.

Heat Vulnerability Index

Climate change is a reality we can no longer ignore. A devastating consequence of climate change is the effect rising temperatures are having on the overall health of residents in cities, especially among at risk neighborhoods and populations. From the work we are doing on climate change, we have released new data to help city agencies and residents understand these risks and challenges. The data has been a massive effort and includes satellite imagery, temperature data and other data sets based on culture, behavior and other demographic characteristics of the City's different and diverse neighborhoods. With all of this data, EHPES has created the San Francisco Health Vulnerability Index. Besides being a boon to researchers, policy makers and planners, the heat index is another example of our compliance with the Mayor's open data initiative. For a link to coverage of the heat vulnerability index, go to <http://www.emergencymgmt.com/health/San-Francisco-Health-Heat-Vulnerability-Index.html>.

Por Mi Salud y la Salud de Mi Familia: Community Health Event with the San Francisco Giants

On September 10, the San Francisco Immunization Coalition hosted their annual event with the San Francisco Giants. The event spotlighted some of the unique health issues that affect the Latino community in SF and California including pertussis (whooping cough), obesity/nutrition, and access to health care.

[Check out pictures, media coverage and videos of the event here.](#)

Celebrating a Decade of Behavioral Health Court

Behavioral Health Court will celebrate its tenth anniversary this year. In 2003, the San Francisco Superior Court created a program to redirect clients with mental illness out of the jails and into community based mental health treatment. The court started with a modest goal of helping 10-20 people in the jail that were incarcerated for showing signs of untreated mental illness in public.

Ten years later, the court has a capacity of 150 clients and the program is a fully integrated and necessary part of the criminal justice system in San Francisco. Behavioral Health Court has been the subject of numerous research studies and has become a leader in the movement to decriminalize mental illness, reduce violence, and spend precious mental health resources more effectively. For more information, contact bhcevent@gmail.com, 597-8077.

Screening of Lead Documentary

The San Francisco Childhood Lead Poisoning Prevention Program and Get the Lead Out are sponsoring a free screening of a new feature-length documentary, *MisLEAD: America's Secret Epidemic*, on Friday, October 25th at two different times and locations. The first showing is at the San Francisco Main Library, 100 Larkin St., at 2 p.m. and the second showing is at James Lick Middle School, 1220 Noe St, at 7:30 p.m. *MisLEAD* is a provocative, emotionally-compelling inquiry directed by Tamara Rubin, an Oregon mother whose sons were poisoned by lead. The documentary follows her as she travels the country meeting with experts and other parents of poisoned children. I am attaching a flyer to the Director's Report.

English as a Second Language (ESL) Classes Offered

SFGH's Community Wellness Program began a 10-week WOW - ESL class series, on Saturday, September 14th in the Community Wellness Center. We know that limited English proficiency is linked with poor health outcomes. Many of our patients/clients want to become more proficient in English but lack a safe, affordable, and fun place in which to improve their English skills. The WOW-ESL class series teaches English language skills with a focus on wellness and improving health literacy. Along with practicing conversation and improving their comprehension skills, participants are learning the benefits of healthy eating and active living, how to talk to their healthcare providers and how to prevent and manage conditions such as high blood pressure and diabetes. Flyers were distributed in English, Spanish, Chinese, Russian, Mongolian, Burmese, and Arabic.

San Francisco Coalition Recognizes Local Businesses for Family-Friendly Policies

On Monday, September 9th, the San Francisco Department of Public Health and Department on the Status of Women teamed up to honor local businesses with the *Healthy Mothers Workplace Awards*. It was my privilege to be one of the speakers at this event to celebrate and acknowledge a number of San Francisco businesses that have policies in place to support parental leave, lactation accommodations, and work-family balance. The event included representatives from San Francisco based companies **LinkedIn** Corporation, **Bi-Rite** Market and Creamery, **Morrison & Forrester** LLP, and **Square** Inc. and local and federal officials.

Healthy Food Retail Incentive Program

The Healthy Food Retail Incentive Program ordinance was unanimously passed by the Board of Supervisors on September 3rd. This program builds on an existing SFDPH pilot program that partners with community coalitions in Bayview Hunters Point and the Tenderloin through the Community Health Equity and Promotion Branch Shape Up program. Proof of the success of this pilot program is visible in the abundance of fresh affordable produce now available at Lee's Food Mart in the BVHP, only one year after the store's redesign. Supervisor Mar's newly adopted ordinance takes this a step further by establishing a program housed in the Office of Economic and Workforce Development (OEWD) in partnership with SFDPH to incentivize San Francisco's corner stores to increase healthy and fresh foods offerings and reduce unhealthy influences (alcohol, tobacco and foods hi in salt/fat/sugar) through a combination of community outreach and store redesign activities. I know the Commissioners join me in congratulating all of the staff who have worked to make this initiative a success.

Nursing Leadership Prepares for Healthcare Reform

San Francisco General Hospital and Laguna Honda Nursing Leadership in collaboration with SEIU 1021 organized a learning session on "Implementation of the Affordable Care Act" on September 27. The focus was on the impact and challenges of the Affordable Care Act to our residents and staff. I was joined by Deputy Director Colleen Chawla, San Francisco General Hospital CEO, Sue Currin, Director of Community Programs, Marcellina Ogbu and Laguna Honda Hospital Executive Administrator, Mivic Hirose in addressing the group.

Focus on Discharge

In FY 2012-2013, Laguna Honda's initiatives for appropriate level of care focused on improving the process for admissions. This fiscal year, LHH's planning efforts will focus on discharge flow. Adopting the principles established during the HMA process, implementation will include:

- (1) Discharging residents who are ready to the best available placement if the ideal placement is unavailable,
- (2) Preparing residents for discharge from the moment they enter the system of care, and
- (3) Promoting resident independence and wellness.

Laguna Honda's first discharge flow meeting for FY 2013-2014 was held on August 29. The planning group includes a team of multi-disciplinary clinical and administrative staff from Laguna Honda, San Francisco General Hospital and Community Placement.

Medi-Cal Hospital Reimbursement Improvement and Restoration Act of 2013

The Medi-Cal Hospital Reimbursement Improvement and Restoration Act of 2013 (Senate Bill 239) will prospectively restore Medi-Cal payments to all hospital distinct part skilled nursing facilities by removing the rate freeze at 2008-2009 levels and eliminating the ten percent cuts. Senate Bill 239 successfully passed the California state legislature on September 11 having received no negative votes during committee hearings or floor votes. The bill now heads to the Governor's desk for signature. The restoration is effective October 1, 2013.

Smoke Free Campus

To promote a healthier and safer environment for residents, staff, visitors and volunteers, Laguna Honda continues to move towards becoming a smoke free campus. As of August, 22, 2013 twenty-four residents who are unable to smoke without supervision have stopped smoking. On the North Mezzanine, North 5 and North 6 neighborhoods, there are no residents who smoke.

Smoking cessation classes for residents, provided by SATS staff, began in August and are held two days a week. The *Lights Out* Club was created and designed to support residents who are interested in quitting by using meditation, exercise and smoking diversion activities. Congratulations to the work each Division is contributing to help us meet our February 2014 goal to have a smoke free campus.

Chinatown Public Health Center's Nutrition Services Graduates Another Class

The We Can!® Chinese families campaign graduated another class of Chinese families on August 24th at the We Can!® Graduation celebration held at Salvation Army. Health Commissioner Dr. Edward Chow was the guest speaker who addressed the families and urged the graduates to adopt healthy eating habits. State Senator Leland Yee issued a California State Resolution commending the program for its distinguished record of public service to the advancement of a healthy community and its leadership and vision.

Champions for Change honors Bayview HEAL Zone

The Bay Area Nutrition and Physical Activity Collaborative (BANPAC) honored the Bayview HEAL Zone team members Christina Goette, Rheema Calloway, Kenneth Hill, Susana Hennessey Lavery, Andrea Tacdol, Jazz Vassar, and Antonia Williams, as *Champions for Change* on September 12. The award recognized the outstanding contributions of individuals and organizations who are promoting healthy eating, active living, and food security with the goal of preventing obesity, type 2 diabetes, hypertension, heart disease and other diet-related chronic diseases in our Bay Area community.

KALW Sights and Sounds Features a Food Guardian

For the past several months, public radio KALW has been reporting on people who live, work, and make a difference in Bayview. Kenneth Hill, a Food Guardian with the Bayview HEAL Zone, was a featured personality on KALW's *Sights and Sounds Bayview* event at the Bayview Opera House on September 19. The event was broadcast on KALW 91.7FM, and is posted online at <https://www.facebook.com/events/202063183294920/> <http://www.sfartscommission.org/CAE/about-cae/cae-press-media/2013/08/09/live-radio-event-at-historic-bayview-opera-house/>

Heart of City Celebrates National Fruits and Vegetables Month

Staff from the Nutrition Services Program spent the morning of September 11th at the Civic Center Farmer's Market to bring attention to the annual observance of National Fruits and Vegetables Month. The affordable, high-quality produce available at local Farmers' Markets is a nutritional boon to many urban families. Staff from the Feeling Good Project and the San Francisco Department of Public Health WC Program gave out cookbooks, answered nutrition questions and distributed nutrition education items to farmers. In addition to providing a reliable year round source of fresh food, shopping at local Farmers' Markets also supports family farms.

COMMUNITY HEALTH NETWORK
SAN FRANCISCO GENERAL HOSPITAL & TRAUMA CENTER

September 2013
 Governing Body Report - Credentialing Summary
 (8/15/13 BUSINESS-MEC)

	9/2013	07/2013 to 06/2014
New Appointments	52	71
Reinstatements		
Reappointments	56	165
Delinquencies:		
Reappointment Denials:		
Resigned/Retired:	42	76
Disciplinary Actions		
Administrative Suspension		
Restriction/Limitation-Privileges		
Deceased	1	1
Changes in Privileges		
Voluntary Relinquishments	8	38
Additions	9	44
Proctorship Completed	26	62

Current Statistics – as of 8/5/13		
Active Staff	486	
Courtesy Staff	479	
Affiliated Professionals (non-physicians)	245	
TOTAL MEMBERS	1,210	

Applications in Process	136
Applications Withdrawn Month of September 2013	1
SFGH Reappointments in Process 10/2013 to 12/2013	145

LAGUNA HONDA HOSPITAL AND REHABILITATION CENTER

SEPTEMBER 2013

Health Commission - Director of Health Report
(September 12, 2013 Medical Exec Committee)

	September	(FY 2013-2014) Year-to-Date
New Appointments	2	8
Reinstatements	0	0
Reappointments	3	13
Delinquencies:	0	0
Reappointment Denials:	0	0
Resigned/Retired:	1	4
Disciplinary Actions	0	0
Restriction/Limitation-Privileges	0	0
Deceased	0	0
Changes in Privileges		
Additions	0	0
Voluntary Relinquishments	0	0
Proctorship Completed	1	3
Proctorship Extension	0	0

Current Statistics – as of 9/3/2013	
Active Medical Staff	38
As-Needed Medical Staff	14
External Consultant Medical Staff	45
Courtesy Medical Staff	1
Affiliated Professionals	6
TOTAL MEMBERS	104

Applications in Process	0
Applications Withdrawn Month of September 2013	0

Director Garcia stated that October 1, 2013 is a landmark day for health care access because it begins the open enrollment period for the expanded options under the Affordable Care Act (ACA). Eligible San Franciscans can now participate in plans available on Covered California, the state's health insurance

exchange, or enroll in Medi-Cal, which now serves everyone earning up to 133% of the federal poverty level. She stated that the DPH is working with community based organizations to boost enrollment efforts, with a focus on populations most likely to be eligible for new coverage, including jail inmates, public housing residents, behavioral health clients, and homeless people. To reach those who may not be connected with DPH, the Department is coordinating a citywide outreach, education, and enrollment campaign with the Human Services Agency and the Mayor's Office.

Director Garcia also stated that the federal government shutdown will not impact the implementation of the Affordable Care Act. However, federal funding for DPH programs and activities related to emergency preparedness, communicable disease, immunizations, HIV services, and maternal/child/adolescent health, may be disrupted during the shutdown.

4) GENERAL PUBLIC COMMENT

There was no general public comment.

5) FINANCE AND PLANNING COMMITTEE

Commissioner Chung, Committee Chair, stated that the Committee discussed the October Contracts Report and, with the exception of the UCSF maternity services contract, recommend it for approval. She stated that the Committee asked the DPH Contracts staff to report back at the November 5, 2013 Finance and Planning Committee meeting with more information about the UCSF contract in response to the Committee's questions.

6) CONSENT CALENDAR

The following items were unanimously approved:

- OCTOBER 2013 CONTRACTS REPORT, WITH THE EXCEPTION OF THE UCSF \$138,666 CONTRACT FOR COMPREHENSIVE MATERNITY SERVICES.

7) DPH 4TH QUARTER FINANCIAL REPORT

The report was discussed at the October 1, 2013 Finance and Planning Committee. Commissioners who are not members of the Committee had an opportunity to ask additional questions regarding the Report during this item. No questions were asked during this item.

Action Taken: The Health Commission unanimously accepted the DPH 4th Quarter Financial Report.

8) PROPOSED CHANGES TO THE MASSAGE ESTABLISHMENT ORDINANCE, ARTICLE 29 OF THE HEALTH CODE; RESOLUTION

Richard Lee, Acting Director of Environmental Health, gave the presentation and introduced the resolution. He stated that both the DPH and Supervisor Tang's Office drafted related ordinances that work in conjunction with one another.

Dyanna Quizon, Legislative Aide to Supervisor Tang, stated that Supervisor Tang wrote a draft ordinance to respond to community concerns of illegal activity occurring in some massage establishments. She stated that both the DPH and Supervisor Tang's office has worked with the community of legitimate massage establishments and other interested community members to develop an ordinance responsive to the community's concern.

Beverly May, Director of Government Affairs at the California Massage Therapy Council, stated that the ordinance contains helpful provisions to assist with problematic massage establishments. She suggested that the term "Operator" should be better defined in the draft ordinance; not all administrative staff in legitimate massage establishments are licensed massage therapists.

Commissioner Comments/Follow-Up:

Commissioner Chung asked whether the draft ordinances will negatively impact effective HIV and STD prevention work. Dr. Aragon, DPH Health Officer, stated that there is no penalty if condoms are found during inspections of massage establishments.

Commissioner Taylor-McGhee asked if there have been any criminal charges filed against any massage establishments for prostitution or human trafficking. Ms. Quizon stated that the San Francisco Police Department has provided the Board of Supervisors with data regarding ongoing investigations but has not given specific information on the number of charges filed.

Public Comment:

Sarah Hamilton, American Therapy Association, stated that she wants to represent all the legitimate massage practitioners. She added that certification programs require testing, finger-printing and a federal background check.

9) DISCUSSION OF THE AGENDA FOR THE HEALTH COMMISSION NOVEMBER 19, 2013 PLANNING SESSION

Sonia Melara, Health Commission President, stated that the Health Commission will hold a Planning Session on November 19, 2013. This item is intended for the Health Commissioners to suggest topics related to policy and governance for the planning session.

Commissioner Taylor-McGhee suggested that the Commission consider how it weighs health disparity in its planning and funding processes.

Commissioner Chow suggested quality measures for the DPH Integrated Delivery System as a topic.

Commissioner Melara suggested a developing a report-back mechanism for external committees in which Health Commissioners serve in an official capacity. She added that reviewing the Commission's role in these committees may also be helpful to discuss.

10) HEALTH REFORM READINESS: THE DPH INTEGRATED DELIVERY SYSTEM

Barbara Garcia, Director of Health, introduced Pat Terrell, Managing Principal at Health Management Associates (HMA), a contractor working with the DPH on Health Reform Readiness. Ms. Terrell introduced other HMA consultants: Terry Conway, Dan Fistio, and Doug Ellwell. The HMA consultants presented recommendations they developed to assist the DPH in preparing for full implementation of the Affordable Care Act. Director Garcia gave a presentation which included an introduction to the new San Francisco Health Network and the reorganization of related DPH services. Her presentation also included future actions and tasks for the DPH to implement as it implements the new Health Network.

Commissioner Comments/Follow-Up:

Commissioner Singer asked for clarification on possible consequences if the DPH does not move forward as aggressively as possible on its IT issues. Mr. Ellwell stated that there will substantial financial impact if the DPH does not have IT systems to produce reports necessary for reimbursement requests. He added that currently the DPH has 86 separate data systems.

Commissioner Chow asked for clarification regarding the decision made on the number of SFGH inpatient beds. Mr. Elwell stated through analysis, HMA determined that SFGH should have a census of around 80-85% to maximize its efficiency. He added that approximately 80-130 beds would be needed to appropriately serve the current SFGH patient population in a medium-level managed care environment.

Commissioner Chung asked how the DPH will integrate a patient portal function into its data systems. Bill Kim, DPH CIO, stated that the DPH has purchased a patient portal system and is currently planning its implementation.

Commissioner Taylor-McGhee asked what metrics are being used to determine health reform readiness for the DPH primary care clinics. Roland Pickens, SFGH Chief Operating Officer, stated that the DPH has developed a standard weighted clinical panel size for all of the clinics at the primary care clinics and within clinics at the DPH hospitals. A standard ratio of 4.5 support staff to each clinical provider has also been established. He added that each clinic previously had its own standards and practices regarding support staff ratios and clinical panel size. The new standards will result in the DPH repurposing existing resources to insure even distribution across its service system.

Commissioner Karshmer thanked all the DPH staff and HMA consultants who worked on this effort. She stated that the work and presentation forms a foundation for the Health Commission to use in its planning process and requested that this topic be added to the November 19, 2013 Health Commission planning session.

Commissioner Sanchez suggested that a unit of excellence be developed to provide consistent evaluation efforts throughout the new DPH health network. Director Garcia stated that the current Population Health units of public health research and office of equity, learning and innovation will now serve all of the DPH. She added that the DPH is also planning workforce development activities that include an academic counsel.

Commissioner Melara thanked all the DPH staff and HMA consultants involved in this process. She requested that a resolution to support the San Francisco Health Network be considered by the full Health Commission at its October 15, 2013 meeting.

11) OTHER BUSINESS

This item was not discussed.

JOINT CONFERENCE COMMITTEE REPORTS

Commissioner Singer stated that he chaired the September 10, 2013 SFGH JCC meeting and thanked Commissioner Taylor-McGhee for attending the meeting. He added that the JCC approved the Credentials and quality reports.

COMMITTEE AGENDA SETTING

This item was not discussed.

12) CLOSED SESSION

- A) Public comments on all matters pertaining to the closed session
- B) Vote on whether to hold a closed session (San Francisco Administrative Code Section 67.11)
- C) Closed session pursuant to Evidence Code Sections 1157(a) and (b); 1157.7; Health and Safety Code Section 1461; and California Constitution, Article I, Section 1

PERSONNEL EVALUATION: BARBARA GARCIA, DIRECTOR OF HEALTH

- D) Reconvene in Open Session

13) ADJOURNMENT

The meeting was adjourned at 6:34pm.